# LESSON PLAN

TOPIC:

I AM UNIQUE - CELEBRATING
OURSELVES AND EACH OTHER

#### **KEY STAGE:**

KS1 OR LOWER KS2 (YEARS 1-4)

#### LENGTH:

45 MINUTES

#### **CURRICULUM LINKS:**

PSHE CITIZENSHIP ART AND DESIGN

#### **LEARNING OBJECTIVES:**

BY THE END OF THIS LESSON, PUPILS WILL:

- RECOGNISE AND CELEBRATE WHAT MAKES THEM UNIQUE
- UNDERSTAND THAT EVERYONE IS DIFFERENT AND THAT'S A GOOD THING
- BEGIN TO EXPLORE RESPECT AND KINDNESS TOWARDS OTHERS' DIFFERENCES
- REFLECT ON IDENTITY IN A FUN, AGE-APPROPRIATE WAY

## ASSESSMENT FOR LEARNING (AFL):

- OBSERVATION DURING DISCUSSION AND DRAWING
- PUPIL ENGAGEMENT IN SHARING AND COMPLETING THE SPIDER DIAGRAM
- SUMMARY QUESTION: "CAN YOU TELL ME ONE THING THAT MAKES YOU UNIQUE?"

#### **RESOURCES NEEDED:**

- SMALL MIRRORS (ONE PER PUPIL OR SHARED)
- A4 PAPER FOR DRAWING SELF-PORTRAITS
- PENCILS, CRAYONS, COLOURING PENS
- "ALL ABOUT ME" SPIDER DIAGRAM WORKSHEET
- WHITEBOARD OR LARGE PAPER FOR CLASS DISCUSSION

OPTIONAL: STORYBOOK SUCH AS "IT'S OKAY TO BE DIFFERENT" BY TODD PARR

#### **LESSON OUTLINE:**

#### 1. INTRO(10 MINUTES)

CIRCLE TIME DISCUSSION: ASK, "WHAT MAKES YOU, YOU?"

- DISCUSS HOW EVERYONE LOOKS DIFFERENT AND LIKES DIFFERENT THINGS—AND THAT'S WHAT MAKES OUR WORLD INTERESTING.
- INTRODUCE THE IDEA THAT BEING DIFFERENT ISN'T SOMETHING TO BE AFRAID OF—IT'S SOMETHING TO CELEBRATE!

OPTIONAL: USE AN ANALOGY TO EXPLORE HOW SOMETHING CAN LOOK DIFFERENT BUT BE THE SAME-LOOK AT THOSE TWO TREES, WHAT IS DIFFERENT-COLOUR, SHAPE- ARE THEY STILL BOTH TREES?

# 2. ACTIVITY 1 - MIRROR DRAWING (10 MINUTES)

GIVE EACH PUPIL A SMALL MIRROR AND A BLANK SHEET OF PAPER.

- ASK THEM TO LOOK CLOSELY AT THEMSELVES: HAIR, EYE COLOUR, SMILES, FRECKLES, ETC.
- THEY'LL THEN DRAW A SELF-PORTRAIT. ENCOURAGE CREATIVE FLAIR (E.G. ADD FAVOURITE CLOTHES, HOBBIES, BACKGROUND).

### 3. ACTIVITY 2 - SPIDER DIAGRAM (10 MINUTES)

GIVE EACH PUPIL A SPIDER DIAGRAM WORKSHEET TITLED "WHAT MAKES ME... ME!" THE CENTRE CIRCLE SAYS "ME" AND THEY DRAW OR WRITE THINGS IN SURROUNDING BUBBLES.

EXAMPLES: HAIR COLOUR, FAVOURITE FOOD, SOMETHING THEY LOVE DOING, THEIR CULTURE OR LANGUAGE, PETS, MUSIC TASTES, FAVOURITE BOOKS

ENCOURAGE THEM TO SEE HOW EVERYONE'S SPIDER DIAGRAM WILL LOOK DIFFERENT —AND THAT'S A GOOD THING!

# 4. CLASS SHARING & DISCUSSION (10 MINUTES)

INVITE VOLUNTEERS TO SHARE THEIR DRAWINGS OR ONE BUBBLE FROM THEIR DIAGRAM. TALK ABOUT AND EXPLORE HOW WE'RE ALL DIFFERENT, BUT WE CAN STILL BE KIND, RESPECTFUL, AND HAVE FUN TOGETHER.

REINFORCE THE MESSAGE: "DIFFERENT DOESN'T MEAN WRONG - ITS JUST WHAT MAKES US UNIQUE."

# 5. SUMMARY (5 MINUTES)

RECAP WHAT THEY LEARNED: EVERYONE IS DIFFERENT, AND THAT'S GREAT. WRITE A CLASS MANTRA ON THE BOARD TOGETHER, LIKE:

# I CELEBRATE WHO I AM AND WHO YOU ARE

EXTENSION OPPORTUNITY:

CREATE A CLASS DISPLAY, INCLUDE SELF-PORTRAITS AND QUOTES FROM STUDENTS'

SPIDER DIAGRAMS

ANY QUESTIONS OR FEEDBACK PLEASE EMAIL: INFO.BLKSNOWFLAKE@GMAIL.COM



